

Welcome aboard the Ride for the Rivers.

We are thrilled to have you join us for the Katy Trail Ride portion of Greenway Network's Annual Race for the Rivers event.

This email contains everything you need to know about your participation in the Race for the Rivers Katy Trail Rides. Please read it carefully. If you have any additional questions please let us know. We will be happy to answer them for you.

If you have not yet made your minimum pledge you should do so soon. There are some neat prizes for **racers** and teams who exceed the minimum. You can also tell all your friends and relatives to log on and pledge their support. *The funds raised last year helped pull 10 tons of trash out of rivers and streams and pay for the proper disposal of 50 tires. In September, we will be coordinating the planting of trees. We will also be working with St Charles County to mark 9,000 storm drains over the next few years. Your tax deductible contributions go a long way toward making these things happen.*

It is our goal first and foremost to have a safe and fun ride. In that spirit please review all of the rules as posted on the website <http://www.racefortherivers.org/44/the-rides/ride-rules.php>.

Registration will begin at 7:45 am at the Washington, Missouri Boat Ramp at the end of Lafayette Street (Directions below). Parking for the event is in the lot just downriver from the actual boat ramp. You will check in with Joe Ferguson of Revolution Cycles in Washington, MO. He will be riding with you along the trail as well. When you arrive please be sure that you have:

- A signed waiver (We are required to have a paper copy even if you signed the electronic waiver.)
- Met the minimum pledge amount *The registration team will be able to accept cash and checks at registration. They will not be able to take credit card pledges.*
- A filled out emergency contact form for each racer.
- Sufficient water and food for you to complete the ride.
- A bike that is in good working order.

You will be assigned a number at registration. Please pin it on your jersey so that it is visible to our SAG crew.

The Ride will take off at the same time that the paddlers launch. You will be asked to stay together until you reach the Katy Trail. The City of Washington Police Department will provide and escort through town and across the bridge. Once you reach the trail you are free to go at your own pace. Please be courteous of our SAG riders *and limit your stops*

along the way to necessary breaks and water stops. They can't leave the trail and join in the festivities until everyone is safely off the trail and accounted for.

For your safety while on the trail there will be a SAG Rider equipped with FRS radios for communication with the crew. Additional SAG riders will be equipped with minimal tools and parts. You will be responsible for reimbursement for any major items upon completion of the ride.

Water stops will be available in Defiance at the Katy Trail Bike Shop as well as at the Weldon Spring access point, Pitman Hill Access (25 mile turn around) and the Family Arena (5 mile turn around).

Check in will be at the Small Pavilion North of the Jaycee Stage until noon. After that time it will be in the Greenway Network booth. Please check in with your number to receive your sticker and your ticket for the Poage Chevrolet #whereismysonic raffle. ***It is important that you check in so that our SAG riders are not out looking for you after you have left.***

Once you check in at the festival, we invite you to stay and enjoy the festival. There will be food and beverages available, music and lots of booths and activities. You are welcome to relax in the beer garden or stake out a spot on shore and watch the canoes and kayaks come in.

Ride Rules

In addition to the following guidelines, helmets will be required for all Ride for the Rivers participants. Proper safety gear and adult supervision for riders under the age of 18 is also required.

Courtesy

- Respect other trail users; joggers, walkers, bladers, wheelchairs all have trail rights
- Respect slower cyclists; yield to slower users

Announce when passing

- Use a bell, horn or voice to indicate your intention to pass
- Warn others well in advance so you do not startle them
- Clearly announce "On your left" when passing

Yield when entering and crossing

- Yield to traffic at places where the trail crosses the road
- Yield to other users at trail intersections

- Slow down before intersections and when entering the trail from the road

Keep right

- Stay as close to the right as possible, except when passing
- Give yourself enough room to maneuver around any hazards
- Ride single file to avoid possible collisions with other trail users

Pass on left

- Scan ahead and behind before announcing your intention to pass another user
- Pull out only when you are sure the lane is clear
- Allow plenty of room, about two bike lengths, before moving back to the right

Be predictable

- Travel in a straight line unless you are avoiding hazards or passing
- Indicate your intention to turn or pass
- Warn other users of your intentions

Do not block the trail

- For group rides, use no more than half the trail; don't hog the trail
- Stop and regroup completely off of the trail

Clean up litter

- Pack out more than you pack in
- Encourage others to respect the path
- Place all litter in its proper receptacle

Contact Joe Ferguson at Revolution Cycle with any question prior to the event 636-390-9999. Program his number into your phone for any issues on the day of the event 314-302-4454.

If at anytime you have questions, feel free to contact us directly either at this email address greenwaynetwork@gmail.com or call (636) 498-0772.

We look forward to seeing you all and having a great day on the Trail.

--The Ride for the Rivers team

