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### How area paddlers did in Missouri **River 340**

A couple of weeks ago, we reported on several area paddlers competing in **the Missouri River 340**, a round-**the**-clock canoe **race** that began in Kansas City and ended in St. Charles, Mo.

Here's how they did:

- \*\* **The** mixed tandem team of Traci Martin Shepard and David Kriegh had hoped to finish **the race** in 60 hours. They came in second place in their division with a time of 76 hours, 32 minutes.
- \*\* Jeff Barrow said he hoped to finish in 72 hours, beating his time of 97 hours of last year (he had to stop during **the race for** a book signing). He finished in 77 hours, 31 minutes.
- \*\* Don Treece did **the race** last year in 87 hours. He was hoping to finish in 80 hours this year. He pulled out of **the race** because of heat exhaustion.

Another paddling opportunity

Want to experience **the Missouri River for** yourself? Participate in **the** second annual **Race for the Rivers** on Aug. 23 and 24.

**The race** is split into three skill level divisions. **Races** begin in Washington, Mo., and Weldon Spring, Mo. **The** competition concludes at Frontier Park in St. Charles, Mo., on Aug. 24 with **the Race for the River** Festival.

**The** event is sponsored by **the** Greenway Network, devoted to **the** preservation and conservation of **the** Missouri waterways.

**For** more information: Check out [www.racefortherivers.com](http://www.racefortherivers.com).

